

# EAST MADISON KARATE

530 Tasman Street  
Madison, Wisconsin 53714  
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## CLASS RULES AND PERFORMANCE

- 1.) Always bow before entering or leaving the dojo. Bow to your instructor before and after class to show respect.
- 2.) All black belts are to be addressed as Mr./Sir or Ms./Ma'am to show respect to their earned rank.
- 3.) A Gi, along with the proper belt, will be required to participate in classes. Uniforms must be clean and in good repair.
- 4.) Remove all jewelry for safety and freedom of movement.
- 5.) Keep nails trimmed to avoid injury. Cleanliness is a must.
- 6.) Restrict talking during class. Speak only when clarification of something is necessary.
- 7.) Bad language, swearing, or anger will not be allowed.
- 8.) Sparring is only allowed with the supervision of the black belt instructor.
- 9.) Help keep your school clean. Put all equipment away after use. Responsibility and maturity should be a part of your martial arts training.
- 10.) Shoes are not allowed on the dojo floor, except if the instructor requires them for class.
- 11.) No use of weapons is allowed without black belt supervision.